

U. S. Navy – “Zero Tolerance” Policy for Drug Abuse

Introduction

Everyone knows there is a drug problem in our society. Every night there are drug related stories on local news broadcasts and in the local newspapers. As you prepare to enter the U.S. Navy and begin the most exciting phase of your life, you can be confident that you will be entering a drug-free workplace. Remember, **the Navy expects you to be drug free.**

This drug abuse prevention course will help and encourage you to make healthy decisions. One of the most important decisions you will be faced with addresses your desire to succeed in life by maintaining a drug free lifestyle. In the past, you may have felt invulnerable, that nothing bad will happen to you. Your attention has often been focused on the present without considering how drug use might affect your future. **This course is designed to help you understand that you are entering a phase of your life where the choices you make today will determine your direction and success in life.**

Before you risk losing the chance of a lifetime by using drugs, think about what you would like to accomplish in life and how the Navy can help you achieve those goals. Now is the time for you to start making healthy decisions and focus on attaining your positive life goals.

This course has been prepared to help you understand that as you enter the Navy, you must be drug-free. A key factor in your success in the Navy depends on your decision to maintain a drug-free lifestyle. As you complete this training course, be sure you understand its contents. You will be tested at the end of each module.

REMEMBER, your success in the Navy and your success in life depend on you choosing a drug free lifestyle.

Module I

Navy Culture

OBJECTIVES OF THIS SECTION

After completing Module I, you will understand

- Navy Culture
- Navy Mission
- Navy Core Values
- Expectations at RTC

Navy Culture

Review: In reviewing this module, be sure that you understand the Navy Culture and your responsibility as a Sailor to maintain a drug free lifestyle.

Test: There are 10 multiple-choice questions for this module. You must answer at least seven questions correctly before you can move on to the next module.

Navy Culture

Your time in the Delayed Entry Program is important. You are preparing to transition from a civilian to a Sailor. It is important you understand that **the Navy expects you to maintain a drug-free lifestyle, now and throughout your career.** This is a time when you will be making decisions for your future. For example, choosing between responsible behavior and something that appears enticing, risky, or allows you to escape responsibilities.

It is time for you to think about what might happen to your future in the Navy should you choose drugs. You are joining an organization rich in history and proud traditions. Navy leadership is very proud of its history of being a drug-free workplace. **The Navy is a team with no room for drugs.**

Your time in the Navy will be challenging, both mentally and physically, a time for you to begin to recognize and experience your true potential. You will be dealing with the best systems, equipment, and training in the world. Time spent in the Navy will prepare you for just about anything life can throw at you. You will

learn technology, team building, and discipline. What you learn in the Navy will last you a lifetime. Don't risk the opportunity of a lifetime for a quick high. It is just not worth it.

“Zero tolerance” for drugs, means NO escape, NO excuses, and NO second chance. It is more than drug tests that make the Navy a drug free work place. **Sailors do not tolerate drug use or drug users.** Take this opportunity to talk to your recruiter or any Sailor you meet and ask them about their thoughts on drug use in the Navy. What you will hear is very different from what you heard in high school or may hear at another company or workplace. Sailors will tell you there is no room for drugs in their Navy. **Drugs are incompatible with Navy Core Values and will not be tolerated.**

If you choose to use drugs while in the Navy, you will be discharged. There is NO second chance. If you test positive for illegal drugs you will be discharged. You must be trusted and you must be able to trust the Sailor next to you. Your life and the lives of your shipmates are on the line everyday. **There is simply no room for drugs in the Navy.**

Make the right decision; choose your future not drugs. Successful Sailors understand drugs are a losing proposition. There are two roads you can choose. Choose Navy and take the road to opportunity and success or choose drugs and go nowhere. It is that simple!!! Don't spend a lifetime regretting a bad decision, make the right choice and be drug free.

Navy Mission: Navy's mission is to protect and defend the right of the United States and our allies to move freely on the oceans and to protect our country against all enemies.

Navy Core Values: The Navy is an elite force of highly trained professionals. Sailors consistently demonstrate **Honor, Courage,** and **Commitment,** principles that have made America the country it is today and the Navy the most professional fighting force in the world.

Honor: Sailors conduct themselves in the highest ethical manner. Sailors are honest and truthful in all dealings with each other. Drug use undermines your ability to be truthful and honest and is unacceptable behavior that will not be tolerated.

Courage: Sailors demonstrate courage, meeting the demands of the job and mission especially when it is hazardous and demanding. Courage is the value that gives us the moral and mental strength to do what is right even in the face of adversity. Drug use undermines your ability to be courageous and is unacceptable behavior that will not be tolerated.

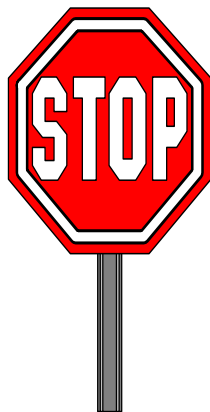
Commitment: Sailors are committed to the highest degree of moral character, technical excellence, and quality performance. The day-to-day duty of every Sailor is to work together as a team to improve the quality of our work, our people, and ourselves. Drug use undermines your ability to be committed and is unacceptable behavior that will not be tolerated.

The Chief Of Naval Operations has declared:

“Drug abuse is incompatible with Navy Core Values and will not be tolerated.”

Expectations at RTC

Recruit training is an indoctrination program that teaches you all of the basics about living, learning, and working in the Navy. Each recruit is expected to report to RTC drug free. **You will be subject to a drug test during the first 24 hours after reporting to RTC. Should you test positive for illegal drugs you will be discharged from the Navy and prohibited from reapplying to the Navy?**



Take a few minutes to review this section before you complete the quiz. You must answer at least 7 questions correctly before you advance to the next module.

Module I: Navy Culture Quiz

1. While in the Navy you will be expected to maintain a
 - a. Travel log
 - b. Daily diary
 - c. Drug free lifestyle
 - d. None of the above

2. The Navy is very proud of its history as
 - a. The world's finest Navy
 - b. A drug free work place
 - c. An elite force of highly trained professionals
 - d. All of the above

3. Navy culture promotes
 - a. Zero tolerance for drugs
 - b. Unhealthy lifestyles
 - c. Poor judgment
 - d. None of the above

4. The Navy's Mission is to
 - a. Protect America against all enemies
 - b. Protect America's right to move freely on the oceans
 - c. Defend America's allies right to move freely on the oceans
 - d. All of the above

5. The Navy's Core values are
 - a. Honor
 - b. Courage
 - c. Commitment
 - d. All of the above

6. When can you expect your first drug test at RTC?
 - a. After 1 week
 - b. After 30 days
 - c. During the first 24 hours
 - d. Never

7. What are the consequences of testing positive for illegal drugs at RTC?
 - a. A lecture
 - b. Given homework
 - c. Discharged from Navy and not allowed to reapply
 - d. None of the above

8. What does Navy's zero tolerance policy for drugs mean
 - a. No excuses
 - b. No second chance
 - c. Immediate discharge
 - d. All the above

9. Upon reporting to RTC the Navy expects you to be
 - a. Tired
 - b. Drug free
 - c. Hungry
 - d. None of the above

10. Navy has a "zero tolerance" policy for drugs because
 - a. It is incompatible with Navy core values
 - b. It is illegal
 - c. It promotes unhealthy lifestyles
 - d. All of the above

Now that you have completed this module, take your answers to your recruiter for grading and for any questions you may have on the material contained in this module. Once your recruiter tells you that you have successfully completed this module you can proceed to the next module.

Module II

Navy Policy for Drug Abuse

OBJECTIVES OF THIS SECTION

After completing Module II, you will understand

- Navy policy for drug abuse
- What zero tolerance for drug abuse means
- Drug testing in the Delayed Entry Program
- Random drug testing in the Navy
- How drug testing is conducted
- Safeguards that protect Sailors from being falsely accused of drug abuse
- The consequences for testing positive for illegal drugs while in the Navy

“Zero Tolerance for Drug Abuse”

Review: In reviewing this module be sure that you understand the Navy’s “zero tolerance” policy for drug abuse and how that policy applies to you in the Delayed Entry Program and throughout your career.

Video: Before completing this module be sure to view the video “Drug Testing at Navy RTC.” This video will give you a good understanding of what you can expect when you arrive at RTC. See your recruiter to arrange this.

Test: The test for this module contains 15 multiple-choice questions. You must answer at least 11 questions correctly before you can move on to the next module.

Navy Policy for Drug Abuse

The Navy’s policy for drug abuse is “zero tolerance.” Any Sailor, who uses, possesses, transfers, sells, or tests positive for illegal drugs will be immediately discharged from the Navy.

It is important that you understand the Navy’s “zero tolerance” policy for drug abuse. Your success in Navy depends on you maintaining a drug-free lifestyle.

It is your responsibility to remain drug free from the time you join the Delayed Entry Program and while serving in the Navy.

Drug Testing in the Delayed Entry Program (DEP)

By now you have already had a drug test when you joined the Delayed Entry Program and your drug test was negative. You will receive at least one more drug test before you ship off to RTC. You will not be sent to RTC unless your final drug test in DEP is negative.

As a part of the Navy team, whether in DEP or on active duty, you will be expected to maintain a drug-free lifestyle. During your time in DEP you may encounter situations where drugs are present. Trust your instincts and make the good career choice by not only saying "no," but by leaving the place where drugs are present. This is a good time to begin to make the Navy's Core Values your values. Your time in DEP is a good time to consider your future and to protect your interests.

The Navy provides you a drug-free workplace where you have the opportunity to begin your adult life in a rewarding and successful career. Plan ahead!!! Be prepared to avoid places where drugs may be present. **Remember, you will have at least one more drug test before you go to RTC.** If you test positive at any time while in DEP, you risk losing the opportunity of a lifetime.

Random Drug Testing in the Navy

The Navy requires you submit to random drug tests throughout your career. These tests will be without warning and with no set pattern. Each Navy command is required to randomly drug test at least 10 percent of all assigned personnel each month. In addition, each Navy command is required to conduct 1 Unit Sweep drug test of all personnel assigned once a year. If you test positive for illegal drugs at any of these tests you will be immediately discharged from the Navy.

How the Drug Test is Conducted

The Navy has three drug screening laboratories that conduct all Navy drug tests. Navy drug tests are the most accurate in the world in testing for illegal drugs. Navy drug screening labs use the most sophisticated process available and can

detect any illegal drug present in a urine sample. Every sample is tested for marijuana, cocaine and at least 3 other drugs.

All Navy personnel are subject to drug tests at any time throughout their career. Each time you submit to a drug test you will be required to do so under direct observation. This means another person of the same gender will watch you provide your sample. There is no chance to cheat or beat the system.

Each sample can receive up to 3 tests. If a drug test is positive during the first screening it must be tested two more times before it is confirmed positive. If a sample tests negative during any of the 3 separate tests, it is reported as negative. You can be assured if your urine sample is drug free it will be reported as drug free. Navy standards do not allow for mistakes.

Safeguards to Protect Sailors

Each sample is collected under strict standards established by the Navy. Collection procedures must follow strict chain of custody procedures that guarantees no sample is ever left unattended. These procedures protect each and every Sailor.

Consequences for Testing Positive for Illegal Drugs

The Navy expects you to be drug free in DEP, report to RTC drug free, and maintain a drug free lifestyle throughout your career. Should you test positive for illegal drugs at RTC or at any time in your Navy career you will be discharged. **If you do test positive for illegal drugs there is no second chance. Navy policy for drug abuse is “zero tolerance.”**

Navy Drug Tests Cannot be Beat!!!

Don't put your life, your future, or your Navy career in the hands of someone who tells you they have a way you can beat Navy's drug test.

It is true; there are commercial products, many available over the Internet, which advertise anti-drug testing products guaranteed to help you pass any drug test. They may offer additives; detox products, herbal teas, supplements, substitution products, and advice on how to pass your drug test.

Some companies will tell you the best way to beat a drug test is drinking water and perspiring. Others will offer their organic cranberry juice and herbal teas. They want you to purchase their products.

The fact is that you may be able to fool the screening test that you receive on the day you ship to RTC; HOWEVER, you will not be able to fool the drug test you receive at RTC.

Here are the facts. Drug Toxins are stored in your fatty tissues. Drinking large amounts of fluids, taking additives, supplements, or other products that guarantee you can pass any drug test only **temporarily** lower your drug metabolic count.

Taking these products may help you pass the drug test given on the day you ship to RTC.

HOWEVER You must know this!!!

It does not matter who tells you that you can beat Navy's drug test. There is no quick fix product or method available that will beat the drug test you will receive at RTC. The fact is they NEVER WORK. If you have used drugs while in the Delayed Entry Program the drug test you receive at RTC will detect it.

REMEMBER...

All the promises in the world do not make any difference if you find yourself sitting in the separation barracks at RTC waiting to be sent home after you have tested positive for illegal drugs at RTC.

If you remember anything about Navy's drug test, remember this:

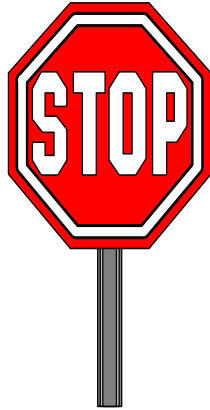
Navy's drug tests use the most definitive method for confirming the presence of a drug in urine. Navy's drug test at RTC are approximately 100 to 1,000 times more sensitive than the drug test you will take on the day of shipping. If you have used drugs, you will be caught and discharged.

ATTENTION!!!

If you have used drugs while you were in the Delayed Entry Program waiting to go to RTC make sure you tell your recruiter and the Navy staff at MEPS. It may delay your processing but not telling them will result in you

being permanently barred from joining the Navy. The drug test you receive at RTC cannot be beat. Test positive at RTC and you will be discharged and not allowed to reapply to the Navy.

Don't ruin the opportunity of your life. Make the right choice!!!



Take a few minutes to review this section before you complete the quiz. You must answer at least 11 questions correctly before you advance to the next module

Module II Navy's "Zero Tolerance" Policy for Drug Abuse Quiz

1. What is the Navy's policy for drug abuse?
 - a. You will get a second chance
 - b. Zero tolerance
 - c. Immediate discharge from Navy
 - d. Both b and c

2. What does your success in the Navy depend on?
 - a. A drug free lifestyle
 - b. Understanding Navy Core Values
 - c. Making good decisions
 - d. All of the above

3. How often will you be subject to drug tests?
 - a. Never
 - b. After vacation
 - c. At any time
 - d. None of the above

4. Each Navy command must do random drug testing
 - a. Once a week
 - b. Every month
 - c. Every day
 - d. None of the above

5. All Navy personnel are subject to random drug test at any time in their career.
 - a. True
 - b. False

6. Each Navy command must test at least ____ % of personnel each month?
 - a. 50%
 - b. 10%
 - c. 30%
 - d. None of the above

7. When will you receive a drug test at RTC?
 - a. Within the first 24 hours
 - b. 1st week
 - c. Never
 - d. None of the above

8. What are 3 drugs is each sample tested for?
 - a. Alcohol, Marijuana, and PCP
 - b. Marijuana, Methamphetamines, and Cocaine
 - c. LSD, PCP, and heroin
 - d. None of the above

9. How many drugs is each sample tested for?
 - a. 10
 - b. 5
 - c. 81
 - d. None of the above

10. How many tests must each sample receive before it is reported positive?
 - a. 20
 - b. 13
 - c. 3
 - d. None of the above

11. How many Navy Drug Screening Labs are there?
 - a. 6
 - b. 7
 - c. 3
 - d. 8

12. When is the last drug test you will receive before you ship to RTC?
 - a. Last month in DEP
 - b. Last week in DEP
 - c. Within 24 hours before I ship to RTC
 - d. None of the above

13. While in the Navy, when must you submit to drug tests.
- Never
 - Once a year
 - Anytime throughout your career
 - None of the above
14. Why does the Navy use direct observation with drug test?
- Keep sailors busy
 - Prevent drug users from cheating
 - Navy does not use direct observation
 - None of the above
15. What will happen if you test positive for drugs in the Navy?
- You will be discharged
 - You will get a second chance
 - Nothing
 - None of the above

Now that you have completed this module, take your answers to your recruiter for grading and for any questions you may have on the material contained in this module. Once your recruiter tells you that you have successfully completed this module you can proceed to the next module.

Module III

Understanding Social and Peer Pressure

OBJECTIVES OF THIS SECTION

After completing Module III, you will understand

- Social and Peer Pressure
- Navy Social and Peer Pressure
- Good Decision Making

Understanding Social and Peer Pressure

Review: In reviewing this module, be sure that you understand the health and legal consequences of drug abuse. Especially, the consequences of testing positive for drugs while serving in the Navy.

Test: The test for this module contains 10 multiple-choice questions. You must answer at least 7 questions correctly before you can move on to the final module.

Social and Peer Pressure

As you prepare to enter the Navy it is important you understand that drug use, which may have been a part of your high school experience, is simply not tolerated in the Navy. Drug use may still go on in high schools and some of your high school friends may continue to use drugs after high school. Drug use may have become a part of their lifestyle. You must understand, that is not the case in the Navy. **Drug use in DEP is not tolerated.**

While in DEP you may encounter situations when drugs are present and people encourage you to use them. You may feel pressured to conform or feel a self-imposed pressure to fit-in. In the past many of your decisions have been made based on peer pressure from friends. You may have found it easier to go along with the crowd rather than follow your own instincts and better judgment. **This is the time for you to consider your life and your future and a time for you to remember that the decisions you make today will affect you for a lifetime.**

Your decision to accept and maintain a drug free lifestyle will have long lasting positive effects on your future. Sailors do not do drugs and they do not accept people who do drugs. Navy culture will help strengthen your self-respect and self-confidence through the social and peer pressure you will encounter. The biggest impact on your success in the Navy begins with your decision to remain drug free. Once you have made that decision you will find it is easy, as a member of the Navy team, to focus on your success. You will also find that your confidence will grow as you receive the positive reinforcement from your Navy peers. Unlike in high school where many of your peers were fence sitters not geared for success, Navy culture will supply you with the tools that will motivate you to be a success and surround you with peers who are geared for success.

The Navy's Social and Peer Pressure

What you did not see in high school that you will see in the Navy is a drug free work place where the social and peer pressure will not tolerate drug use. Sailors know it is cool to say no to drugs. Sailors do not tolerate drugs or drug users. The Navy is moving in the right direction and has turned the tide on drug use. Drug use is simply not tolerated. Navy culture sends a positive message emphasizing the benefits of choosing a drug-free lifestyle as the only choice. The Navy wants you to succeed. Ask your recruiter or talk to others in the Navy. Don't wait until it is too late. Don't risk not succeeding.

As you prepare to enter the Navy you are preparing for a rite of passage. You will experience a change in culture; a culture that says choosing not to use drugs is a good choice. The most important help you will receive is social and peer pressure you will feel in the Navy. You will find yourself surrounded by drug-free people making it much easier to remain drug-free because it is more acceptable among your Navy peers. Navy friends provide positive peer pressure encouraging you to succeed.

Navy culture wants to send you a more positive message about taking charge of your life by making more positive decisions. One of the best, if not the best personal decision you can make is to remain drug free. Your self-confidence will soar once you choose a drug-free lifestyle. Navy culture and Navy life will help you avoid the pitfalls of drug use that have trapped some of your old high school friends.

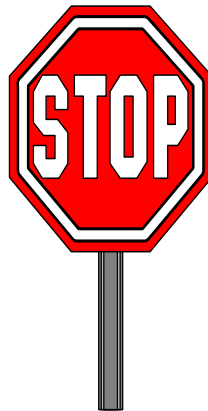
As with any advice or information you receive, you are responsible for your actions and the consequences of your actions. **It is time for you to step up and take responsibility for your decisions. Choose a drug-free lifestyle.**

Good Decision Making

As an adult you are beginning to make independent decisions and accept responsibility for the choices you make. Maturing is a lifelong process and part of the process is learning whom to trust. When you begin trusting people who have already made positive, life affirming decisions you too will begin to make those same positive, life affirming decisions.

The decisions you make today will be based on your personal ethical values. When you make your decisions based on the values of Honor, Courage, and Commitment, you will be making positive decisions that will help you for the rest of your life.

As an adult you are expected to make independent decisions and be responsible for your decisions. **As a Sailor you are expected to choose a drug free lifestyle.**



Take a few minutes to review this section before you complete the quiz. You must answer at least 7 questions correctly before you advance to the next module

Module III Understanding Social and Peer Pressure Quiz

1. What is different between your old high school experience and DEP?
 - a. Drug use in DEP is not tolerated
 - b. No drug testing in high school
 - c. Drugs may be available in high school
 - d. All of the above

2. While in DEP, the Navy encourages you to
 - a. Make good decisions
 - b. Avoid people who use drugs
 - c. Remain drug free
 - d. All of the above

3. Sailors do not use drugs and
 - a. Do not tolerate people who do use drugs
 - b. Do not accept people who do use drugs
 - c. Do not approve of drug use
 - d. All of the above

4. What is the biggest single decision you can make that will have positive impact in your success in life?
 - a. Choose a drug free lifestyle
 - b. Buy a car
 - c. Read many books
 - d. None of the above

5. Social and peer pressure in the Navy will motivate you to
 - a. Strive for success
 - b. Encourage you to be your best
 - c. Maintain a drug free lifestyle
 - d. All of the above

6. Social and peer pressure guarantees you are surrounded by
 - a. Drug free sailors
 - b. People who want to be successful
 - c. People who support a drug free lifestyle

- d. All of the above
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- 7. Social and peer pressure in the Navy encourage you to
 - a. Take charge of your life
 - b. Make positive decisions
 - c. Succeed
 - d. All of the above

 - 8. In the Navy you will be expected to
 - a. Be irresponsible
 - b. Accept responsibility
 - c. Blame others for your actions
 - d. None of the above

 - 9. Part of maturing is learning
 - a. Whom to trust
 - b. How to make good decisions
 - c. Maintaining a drug free lifestyle
 - d. All of the above

 - 10. In DEP and throughout your Navy career you will be expected to
 - a. Maintain a drug free lifestyle
 - b. Live near a Navy base
 - c. Learn how to drive a car
 - d. None of the above

Now that you have completed this module, take your answers to your recruiter for grading and for any questions you may have on the material contained in this module. Once your recruiter tells you that you have successfully completed this module you can proceed to the next module.

Module IV

Course Review

OBJECTIVES OF THIS SECTION

After completing Module IV, you will understand

- Navy Culture
- The Navy's "zero tolerance" policy for drugs
- Common myths about drug testing
- What you can expect after reporting to RTC
- What you can expect from the Navy if you test positive for drugs

Course Review

Review: In reviewing this module be sure that you understand Navy Culture, the Navy's "zero tolerance" policy for drug abuse, and the consequences if you do test positive for drugs at any time in your career.

Test: The test for this module contains 10 multiple-choice questions. You must answer at least 7 questions correctly before you have successfully completed this training course.

Navy Culture

The Navy is an organization rich in history and proud traditions. Navy leadership is very proud of its history of being a drug-free workplace.

The Navy is a team with no room for drugs. Your time in the Navy will be challenging, both mentally and physically. A time for you to recognize and experience your true potential. You will be dealing with the best systems, equipment, and training in the world. Time spent in the Navy will be prepare you for just about anything life can throw at you. You will learn technology, team building, and discipline. What you learn in the Navy will last you a lifetime.

There is an attitude among Sailors; we will not tolerate drug use or drug users. Take this opportunity to ask your recruiter or any Sailor you meet about their thoughts on drug use in the Navy. What you will hear is very different from what

you may hear at another company or workplace. Any Sailor you talk to will tell you there is no room for drugs in the Navy. **Drugs are incompatible with Navy Core Values and are not tolerated.**

Navy's "Zero Tolerance" Policy for Drugs

"Zero tolerance" for drugs, means NO escape, NO excuses, and NO second chance. It is more than drug tests that make the Navy a drug free work place. **There is an attitude among Sailors that does not tolerate drug use or drug users.** There is no room for drugs in the Navy. **Drugs are incompatible with Navy Core Values and are not tolerated.**

If you choose to use drugs while in the Navy you will be discharged. There is no second chance. **If you test positive for illegal drugs you will be discharged.** You must be trusted and you must be able to trust the Sailor next to you. Your life and the lives of your shipmates will be on the line everyday. **There is no room for drugs in the Navy.**

Make a good decision and choose your future not drugs. Successful Sailors understand that drugs are a losing proposition. There are two roads for which to choose. The first road takes you to opportunity and success, the second road, drug use goes nowhere. Don't regret a bad decision, make the right choice and be drug free.

Common Myths About Drug Testing

1. Myth: Drug tests can be beaten.

Some people think that after you use drugs you can take certain products that will help "flush" your system to hide your drug abuse. The fact is, there are no products that will hide drug abuse. If you have abused drugs, Navy drug tests will detect it.

2. Myth: The Navy does not test all drug urine samples that are submitted.

Navy drug screening labs test each and every urine sample submitted. This means that you will be tested for drugs within the first 24 hours after your arrival at RTC.

3. Myth: Navy drug tests cannot detect small amounts of drugs.

Navy drug screening labs can and do detect the smallest amounts of illegal drug use, even when a person tries to mask or dilute the drugs presence with water, vinegar, or other products.

4. Myth: Once a recruit graduates from RTC they will not be tested again until they report to their first command.

Navy recruits are tested an average of 4 to 5 times in their first year on active duty. The tests are without warning and no set pattern.

5. Myth: If I test positive for drugs at RTC I can request to stay in the Navy.

Each recruit who tests positive for illegal drugs at RTC is immediately discharged. There is NO second chance.

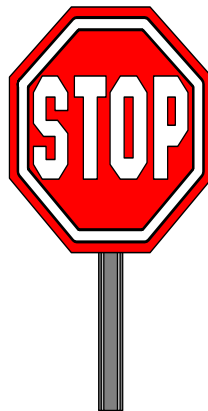
What You can Expect upon Reporting to RTC

You will receive the standard Navy drug test within the first 24 hours after you arrive at RTC.

What You can Expect from the Navy if You Test Positive for Drugs:

You will not be lectured on why drug abuse is incompatible with Navy Core Values of Honor, Courage, and Commitment or on the dangers drug abuse poses to your health and well being. Instead, the Navy will focus on the consequences: If you test positive for drugs you will be discharged.

If you remember nothing more about the Navy's policy for drug abuse remember these two words: **Zero Tolerance.**



Take a few minutes to review this section before you complete the quiz. You must answer at

least 7 questions correctly before you advance to the next module

Module IV: Course Review

1. What is the attitude among Sailors about drug abuse?
 - a. Drug abuse is not tolerated
 - b. Sailors do not tolerate drug users
 - c. Sailors support “zero tolerance” for drug abuse
 - d. All of the above

2. What does “zero tolerance” for drugs mean?
 - a. No excuses, No second chance
 - b. Discharge from the Navy
 - c. Cannot reapply for the Navy
 - d. All of the above

3. What are the Navy’s Core Values?
 - a. Honor
 - b. Courage
 - c. Commitment
 - d. All of the above

4. Drugs are incompatible with
 - a. Navy Core Values
 - b. Attitude of Sailors
 - c. Your success in life
 - d. All of the above

5. Navy drug tests can be beaten.
 - a. True
 - b. False

6. The Navy does not test all urine samples that are submitted.
 - a. True
 - b. False

7. Navy drug tests cannot detect small amounts of drugs.
 - a. True
 - b. False

8. How many times can a Sailor expect to be tested during the first year in the Navy?
 - a. 7
 - b. 4
 - c. 1
 - d. Never

9. If a Sailor tests positive for drugs they can stay in the Navy.
 - a. True
 - b. False

10. What is Navy policy for drug use?
 - a. Zero Tolerance
 - b. Immediate discharge
 - c. No second chance
 - d. All of the above

Congratulations!!!

Now that you have successfully completed this training course you should notify your recruiter that you understand the Navy's "zero tolerance" policy for drug abuse and that you are ready to make the commitment to a drug-free lifestyle.

RECRUITER ANSWER KEY

<u>Module I:</u>	<u>Module II</u>	<u>Module III</u>	<u>Module IV</u>
1-C	1-D	1-D	1-D
2-D	2-D	2-D	2-D
3-A	3-C	3-D	3-D
4-D	4-B	4-A	4-D
5-D	5-A	5-D	5-B
6-C	6-B	6-D	6-B
7-C	7-A	7-D	7-B
8-D	8-B	8-B	8-B
9-B	9-B	9-D	9-B
10-D	10-C	10-A	10-D
	11-C		
	12-C		
	13-C		
	14-B		
	15-A		